

Marathon Runners

Paul Kingdom has very kindly offered to run a marathon for us on **Saturday 15th March**. He will start his run in Dungeness and will finish in Folkestone.

Paul Carter is our second marathon runner who will be taking part in the Brighton Marathon Run on **Sunday 6th April**.

Please, please, please, pop on down to these events and cheer our guys on.

Your continued support will mean the world to them both.

To find out more about these two amazing men, please look out for them on our FaceBook & JustGiving pages.

Romney Marsh Community Hub.

Friday 7th – Cancer Peer Support Group Meeting - 2-3:30pm.

Wednesday 12th – Diabetes Peer Support Group Coffee & Catch Up - 1:30pm-3:30pm.

Friday 14th – Ex Armed Forces Drop In - 10am-12noon.

Wednesday 19th – Hallett & Co Solicitors – 10am-1pm. Will be holding legal advice surgery.

Wednesday 19th – Creative Writing with Emma Batten – 1:30pm-3:30pm - **£6.50**.

Wednesday 26th - Free Digital Support – 9:30am-12noon. 30-minute sessions Face to Face digital skills training for adults to build confidence using their devices & internet.

Wednesday 19th - Cancer Peer Support Group Coffee & Catch Up – 9am-10:30am.

Friday 21st – Best Of British Meal & Live Entertainment - **£15pp**.

Wednesday 26th - Diabetes Peer Support Group Meeting - 1:30pm-3:30pm.

Friday 28th – Ex Armed Forces Breakfast Club - 9am-11am.

Saturday 29th – Spring Fayre – 10am-2pm. **ALL WELCOME**. Plenty of fun and games to be had by all! Romney Marsh Morris Dancers will be performing at 11:30am & 1pm.

Mondays – Crafty Club and Games Club – 1:30pm-3:30pm - **£3 each**.

Tuesdays – Walking Group – 10am-12noon - **FREE**

Tuesdays – Yoga – 11am-12noon and Pilates – 3pm-4pm - **£6.50 each**.

Thursdays – Fitness – 2pm-3pm, Line Dancing – 4pm-5:30pm, Yoga – 4pm-5pm - **£6.50 each**.

Fridays – Legs, Bums & Tums – 9:30am-10:30am and Seated Exercise – 11am-12noon - **£6.50 each**.

Hub on the Beach, 103 Coast Drive Littlestone.

1st Wednesday of the month – Free - Stroke Peer Support Group Meeting - 1pm-2pm.

2nd Wednesday of the month – Free - Arthritis Peer Support Group Meeting - 1pm-2pm.

3rd Wednesday of the month – Free - Bereavement Peer Support Group - 1pm-2pm.

Saturday 1st – Quiz Night – 6:45pm arrival, starts at 7:30pm sharp - **£5pp, max teams of 6**.

Saturday 15th & Sunday 16th – Art Exhibition – **Sat - 10am-4pm** and **Sun – 10am-3pm**.

Mondays – Yoga - 11am-12noon, Pilates - 6pm-7pm and Fitness - 7:15pm-8:15pm - **£6.50 each**.

Tuesdays and Thursdays - Seated Exercise - 3pm-4pm - **£6.50**.

Wednesdays - Legs, Bums & Tums - 9:30am-10:30am, Fitness Pilates - 11am-12noon and Seated Tai Chi - 3pm-4pm - **£6.50 each**.

Thursdays – Yoga – 9:30-10:30am - **£6.50**.

Fridays - Sunflower Singing Group – 1:30pm-2:30pm - **£6.50**.

Saturdays – Washinkai Karate - 10:30am-12noon – Adults - **£6.50**, Under 16 - **£4.50**.

Last Sunday of the month - Table Top Sale - **£10 a table**.

For further information and bookings please check our website/Facebook page or contact us on 01797 36388 for the Community Hub or 01797 458876 for Hub On The Beach or book online at bookwhen.com/HOTB